



Spiritual Boot Camp

Lesson Six: Growing Christ-like Discipler Guide



Memory Verse: 2 Cor. 3:17-18

Key Truth: *Our purpose and God's plan is for us to be conformed into His image. The sanctification process is a life long pursuit of submitting to the Spirit and following Jesus in obedience.*

Key Illustration: *Spirit, Soul, Body* – go over it again to show where this sanctification takes place (Soul). Email the [Wheel Illustration](#) video link for living the Christian Life to your disciple. Review together.

Jesus Christ is the Way, the Truth, and the Life! (John 14:6)

Studying Christ's character as revealed in the Bible helps the disciple know Him – the One we are to be like! And knowing Jesus, the Son, helps us get to know God, the Father. "I and the Father are one." (John 10:30)

Becoming like Jesus involves cooperating with His Spirit as He convicts of sin. To become like Christ, practice "spiritual breathing."

- **Confess** where you fail to be like Christ and claim His forgiveness (ref. 1 John 1:9) – which is like breathing out bad air.
- **Yield** to the control of the Holy Spirit – breathe in His life like breathing in good air.
- **Walk in Obedience** - (John 14:15)

As you discuss together the characteristics revealed in the Scriptures in each section, determine which of the characteristics the Lord is leading each of you to focus on for change.

Memorizing the mind-transforming Word of God: (ref. 2 Timothy 3:16, Romans 12:2)

Here are more Scriptures on the character of Christ:

Love:	Matthew 22:37-39	1 John 3:17-18
Humility:	1 Peter 5:5-6	
Purity and Honesty:	Acts 24:16	Ephesians 5:3
Faith:	Acts 27:23-25	
Good Works:	Matthew 5:16	
Obedience:	John 5:30	John 14:21
Prayer:	Luke 10:21	Luke 18:1

Is there a particular characteristic that you struggle with or where you do not reflect the character of Christ? If so, memorize a corresponding verse that will help you meditate on and be transformed into the character of Christ! Scripture memory is the tool the Holy Spirit uses to help us change!