



Spiritual Boot Camp ***Lesson Two – Devotional Life*** ***Discipler Guide***



Memory Verse: *John 17:3*

Ask them to describe their personal time with Jesus. What does it look like? What should it look like? Read 2 Peter 1:21 together and discuss.

If helpful, share the following Quote with your disciple:

“The Bible is the final authority for truth about God and His will for our lives. It was written over a 1500-year span by over forty authors in three languages. It records over 1000 references to fulfilled prophecies and an eyewitness account of a supernatural miracle of God in most of its books. The Bible is regarded as the most reliable text of any piece of literature ever. It has been translated into other languages more than any other book. For 2000 years countless lives have been transformed by its message. The Bible is God’s Word to us. He said perfectly what He wanted to say through imperfect people. He speaks to us through His Word today.” ~ Author unknown

Key Truth: *Our new life in Christ is designed for us to grow in closeness with God as we cultivate and prioritize this relationship, daily consuming the Word of God and engaging in the Divine dialogue.*

Key Illustration: *Review the Spirit, Soul, Body illustration and go over the [S.O.A.P. process](#). Ask them to explain the ‘circles’ illustration to you. Then, extend the impact by talking about where we meet the Lord when we meet with Him in our devotional life: at the Spirit level, going beyond the understanding of our minds at the soul level. This is why stillness and waiting on the Lord is so critical.*

Walk through the Action Steps one at a time asking them what it looks like in their devotional time. Cover the importance of Interpretation- What does it mean? Why did God put this in the Bible? This is capital “T” Truth - universal truth for all. Ask for God’s guidance and personal application - Through stillness and waiting on the Lord. This is little “t” truth- personal application for me. You may want to SOAP Matt. 6:9-13 (The Lord’s Prayer) together right now.

Wherever they are, pray they move from desire to discipline to delight in their devotional lives.

In this lesson, you will want to spend some time demonstrating how the Divine conversation works between God and man:

Insight:

When conversing with someone, it would be rude to ignore what they said to speak of a completely different topic. This would not strengthen, but damage the relationship. Likewise, devotion time is not for head knowledge of the Bible but for developing a relationship with God that includes learning to hear Him speak and responding back to what He has said. Primarily, God speaks through His Word – the Bible and His Spirit at the ‘spirit’ level of the Spirit – Soul – Body illustration. When reading Scripture, God (through His Spirit) will speak to our spirit at the spirit level and then inform the mind of His child at the soul level. Often, the revelation will be of great interest and seem to leap off the page of Scripture. When this happens, that is the topic to pray to the Lord about (converse with Him in Divine dialogue).

Responses to what God has said through His Word might be praying for understanding, asking for grace to apply the truth of the verse or passage, or simply giving thanks or praise for God’s revelation of His truth to you! Following a personal response to time in His Word, we can bring other prayers and requests before the Lord.

If they want a first step to guide their prayer life, share the **A.C.T.S. prayer model:**

A – Adoration: proclaiming who God is and the attributes of His character

C – Confession: personal cleansing, repentance, putting on of Christ’s nature

T – Thanksgiving: praise offering, remembering the works of the Lord, meditation

S – Supplication: asking, intercession, and petitioning according to His will

Next Steps:

Ask if they are ready to share their testimony (their story) or One Verse Evangelism (God’s story). If not, make sure to emphasize and do next time.

Close your time together in prayer. Continue to ask God for someone with which to share both your story (testimony) and God’s story (the Good News).