

Monday: Psalm 103:1-7 Praise the Lord, my soul

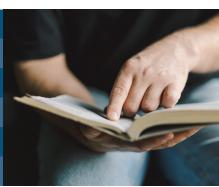
Tuesday: Philippians 4:4–9 Rejoice in the Lord always!

Wednesday: Isaiah 40:28–31 Do you not know? Have you not heard?

Thursday: John 15:4–10 I am the vine; you are the branches

Friday: Ephesians 3:14–21 Now to him who is able

Saturday: Psalm 27:1-6 The Lord is my light and my salvation



GOD WANTS YOU TO LEARN TO HEAR HIS VOICE!

A vital part of every relationship is learning to relate to the other person; learning to understand their heart and the way they think. That's what God wants for you! The Bible is God's bridge for us into the spiritual realm. The Holy Spirit makes the Word come alive and He enables us to understand how God wants His unchanging Word to be applied to our lives. As you practice the steps below and commit to obey what the Lord reveals, you'll find yourself learning to discern His voice better and better.

Step 1: Beginning the Living Conversation

The only way we understand the truth of the Bible is through the help of the Holy Spirit (1 Corinthians 2:14). Start by inviting Him through prayer to be your guide, your teacher. He loves to do this! Then, read through the scripture passage a few times until you can summarize it in your own words.

Step 2: Exploring the Truth

Take your journal and write down thoughts using some of the questions below to prompt your thinking.

- 1. What happens in this passage?
- 2. What does this passage tell us about God, what He's like or what does He value?
- 3. What does this passage tell us about people, what they think or how they approach things?
- 4. What in this passage is good news?
- 5. How would this passage change how we live if we followed it's teaching?

Step 3: Listening for God's Voice

Take a couple minutes to be quiet and reflect on the passage and your observations. Ask God, "How do you want me to respond to all of this?" This listening and reflecting time may be new for you, but it's super important and many Christians neglect it. As we reflect, the Holy Spirit often may give us insight in one of these ways:

- 1. A truth that we're to embrace. (about Him or His ways or what He thinks of us)
- 2. Something to do or to stop doing.
- 3. Someone to love, to reach out to, or to forgive.

Using your journal, write down an "I will" statement that expresses how the Lord wants you to respond to what he told you.