



## DISCIPLING FREEDOM

*Applying the finished work of the cross to the unfinished work of sanctification.*

1. **Fruit:** Recognize the bad fruit (anger, fear, shame, etc.).
2. **Root:** Ask God to reveal the place of wounding, sin or an ungodly belief that is the source or 'root' of the bad fruit.  
"Lord, when was the first time I felt <bad fruit>?"  
"Is there a lie I am believing that is hurting me?"
3. **Boot:** Get rid of the bad fruit by forgiving, confessing or proclaiming the truth. *(See specific category below.)*
4. **Loot:** Ask God what blessing He wants to give you for life and healing.
5. **Scout:** What life choices and changes do I need to take to walk in and guard my freedom?

## WOUNDS: (FORGIVE AND BLESS)

*Matthew 18:21-22: Then Peter came to him and asked, "Lord, how often should I forgive someone who sins against me? Seven times?" "No, not seven times," Jesus replied, "but seventy times seven!"*

1. **Count the debt:** "Jesus, <name> owed me <list the offenses/sin against you>."
2. **Cancel the debt:** "In the name of Jesus, I choose to forgive <name> and cancel their debt to me."
3. **Repent of judging:** "Jesus, I repent of judging <name> and instead I give all judgment to You."
4. **Bless:** "Lord, I bless <name> in your name. Will you show them how much you love them?"
5. **Ask for needs to be met:** "Jesus, the needs I wanted <name> to meet, I now want to be met in You. Will you meet those needs?"



## SIN: (CONFESS AND REPENT)

*1 John 1:9: If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.*

1. **Reveal the sin:** "God, is there any place in my life that is not yielded to your authority?"
2. **Get God's perspective:** "Jesus, will You show me how this sin has impacted my life?"
3. **Confess & Repent:** "God, I confess I have chosen <sin>, but I repent of that choice today and choose to follow You."
4. **Receive blessing:** "I ask you, God, to fill the empty, clean places with Your forgiveness, blessing and Spirit."

## UNGODLY BELIEFS: (RENOUNCE & BELIEVE)

*John 8:31-32: To those who had believed him, Jesus said, "If you hold to my teaching, you are really my disciples. Then you will know the truth, and the truth will set you free."*

1. **Reveal the lie:** "Lord, what am I believing that causes <bad fruit>?"
2. **Hear truth:** "Lord, if I have been believing a lie...what is the truth?"
3. **Renounce the lie:** "In the name of Jesus, I renounce <name the lie>."
4. **Declare the truth:** "I receive and declare the truth that <name the truth>."

