

THE FREEDOM PATH

Applying the *finished* work of the cross to the *unfinished* work of sanctification

Psalm 139:23-24: Search me, O God, and know my heart; test me and know my anxious thoughts. Point out anything in me that offends you, and lead me along the path of everlasting life.

1. **Fruit:** Recognize the bad fruit (anger, fear, shame, etc.).
2. **Root:** Ask God to reveal which wound, lie or sin is feeding the bad fruit.

"Lord, when was the first time I felt <bad fruit>?"

"Is there someone I need to forgive?"

"Is there a lie I am believing?"

"Is there a sin I need to confess?"

3. **Exchange:** Repent through forgiving, renouncing lies, confessing sin. Receive the blessing from Jesus.

"Jesus, is there something you want to give me in exchange?"

4. **Exercise:** Step of obedience. Walk in victory. Guard your freedom.

"Lord, is there something I need to change in my life to guard my freedom?"

"Is there a step of obedience you want me to take?"

WOUNDS: (FORGIVE AND BLESS)

Matthew 18:21-22: Then Peter came to him and asked, "Lord, how often should I forgive someone who sins against me? Seven times?" "No, not seven times," Jesus replied, "but seventy times seven!"

1. **Count the debt:** *"Jesus, <name> owed me <list the offenses/sin against you>."*
2. **Ask Jesus for His perspective on the person and on the offense(s):**
"Jesus, how do you see <name> and what they did to me?"
3. **Cancel the debt:** *"In the name of Jesus, I choose to forgive <name> and cancel their debt to me."*
4. **Bless the forgiven:** *"Lord, I bless <name> in your name. Will you show <name> how much you love them?"*

LIES: (RENOUNCE AND BELIEVE)

John 8:31-32: To those who had believed him, Jesus said, "If you hold to my teaching, you are really my disciples. Then you will know the truth, and the truth will set you free."

1. **Reveal the lie:** "Lord, what am I believing that makes me feel <bad fruit—fear, anxiety, shame>?"
2. **Ask Jesus for His perspective on the lie:** Receive the truth.
"Lord, if the lie is <name the lie>, what do you say is true?"
3. **Renounce the lie:** "In the name of Jesus, I renounce my belief that <name the lie> and how I have lived according to that belief."
4. **Declare your allegiance to the truth:** "I declare and receive the truth that <name the truth>."

SIN: (CONFESS AND REPENT)

1 John 1:9: If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

1. **Reveal the sin:** "God, is there any place in my life that is not yielded to your authority or is not your best for me?"
2. **Ask Jesus for His perspective on the sin:** "Jesus how is this sin impacting my life?"
3. **Confess and repent from the sin:** "Jesus, I confess that I have chosen <sin>, but I repent of that choice today and choose <truth> instead."
4. **Receive the blessing:** "I ask You, God, to freshly fill the empty, clean places with blessing, grace and righteousness." Fill me with your Holy Spirit!

