

# What are Freedom Groups?

Our Freedom Groups are a place for those who have received Freedom Prayer (or are scheduled for an upcoming Freedom Prayer appointment) and are interested in pursuing and "walking out" their freedom long term in a safe, small group discipleship setting, combined with Freedom Prayer and Bible study. Feeling stuck in your relationship with the Lord or struggling with issues such as trauma, marriage problems, sexual sin and bondage, fear, anxiety, depression, anger, body image, identity, abuse or general strongholds from the past are all examples of possible reasons to consider joining a Freedom Group.

Freedom Groups are led by seasoned members of the Freedom Prayer Team who want to assist those who would like more time and consistency in their pursuit of freedom in Christ. Each group is composed of a leader, a co-leader and four members, with all participants walking alongside one another in a shared commitment to honorable transparency, confidentiality and safety. You can expect to have opportunities to be ministered to and receive healing as well as to learn to minister to others in your small group.

Wednesday morning groups will meet weekly starting September 6th from 9:30 - 11:30 am at CrossBridge Community Center ([map](#)), with free childcare provided. The cost for materials is \$25 and is payable via exact cash or check at the first meeting. Because we have a limited number of spaces available, we encourage you to prayerfully seek the Lord on this opportunity and apply as soon as possible (details below). Groups are first come, first served. If our groups reach maximum capacity, we will connect you with our Freedom Prayer Ministry for further prayer and support and will place you on our list from the Spring 2017 semester of The Gathering and Freedom Groups.