



# Spiritual Boot Camp

## Lesson Five: The Holy Spirit

### Discipler Guide



**Memory Verse:** *John 16:13*

**Key Truth:** *Introduce the disciple to the person, work, and indwelling power of the Holy Spirit. Being filled with the Spirit, walking moment by moment in the power of the Holy Spirit.*

**Key Illustration:** *Spirit, Soul, Body Circles* (Use the Teaching video link- [Spirit-Led Life](#))

Share what you learned this week. Then, walk through this supplement together. Discuss the concept of “spiritual breathing”. Next, go over the lists on the worksheet. These lists on the worksheet are not exhaustive, but they give good insight for where we might need to grow in our walk. Single out the one thing that each of you struggles with most. (Keep in mind, many times a loss of peace is a good indication that somewhere sin has broken the disciple’s walk with the Lord.) Pray daily for the Holy Spirit to convict them in this area so they can transition to living in freedom, empowered by the Spirit of Christ as soon as possible.

*“We have not received the spirit of the world but the Spirit who is from God, that we may understand what God has freely given us. This is what we speak, not in words taught us by human wisdom but in words taught by the Spirit, expressing spiritual truths in spiritual words.”*  
(1 Corinthians 2:12-13, NIV)

Pray for the Lord to give you understanding of all He has freely given for living the Christian life based on the power of the Holy Spirit (1 Corinthians 2:5).

#### **Part 1: Introduction to the Holy Spirit**

1. The Holy Spirit glorifies Jesus (John 16:14) and helps us know Him better (Eph. 1:17).
2. The Holy Spirit is God in relationship with man. Some of these verses give His attributes - things that are true only of God Almighty – like ‘eternal,’ ‘everywhere present,’ ‘the power of God.’
3. He is the “Christ in you” (Colossians 1:27).

Discuss Jesus’ promise to his disciples. He promised not to leave the disciples alone when He left earth but that He would return to live in them by the power of His Spirit!

#### **Part 2: The Holy Spirit’s Role in Every Believer’s Life**

These verses bring home the involvement of the Spirit of God in the process of a person becoming a Christian and in the guidance of their moment-to-moment life, leading them into full maturity and forming them into the image of Christ.

#### **Part 3: The Holy Spirit’s Role in the Church**

In discussing John 17:23 alongside Ephesians 4:3, be sure the disciple understands that the Holy Spirit is the “superglue” holding the Body of Christ together. He would never war against Himself! The members of Christ’s Body can maintain unity as they maintain His sovereignty in each of their lives. **Jesus prayed for unity.** The Spirit produces this unity (Ephesians 4:3 AMP), but it is each member’s choice to preserve it. This is so crucial. Be sure the disciple can summarize the idea in his/her own words and listen for a way to apply it immediately.

#### **Part 4: Being Filled with the Holy Spirit**

The key concept that the disciple should walk away understanding is that the filling of the Holy Spirit goes beyond simply being sealed with the Spirit (Eph. 1:13-14) at the ‘conversion’ experience. Being filled with the Holy Spirit is a moment-by-moment and ongoing process as we learn to submit our *soul* (mind, will, and emotions) and *body* to the Holy Spirit that has

been given to indwell us at the spirit level. This 'filling' process manifests in the life of the believer in various works and gifts (1 Corinthians 12:4-6), and fruit (Galatians 5:22-23). It may be helpful to assist the disciple by reviewing these simple steps to experiencing **more of an awareness of His Presence** and **a greater experience of His Power** in his/her life:

1. **Come Humbly** (John 7:35-37)
2. **Ask Confidently** (John 14:13)
3. **Receive Gratefully** (John 11:41)

Is the disciple hungering for more of an awareness of the Holy Spirit and for a greater experience of His Power in his/her life? Explain that we may experience the Holy Spirit like waves of power and joy or like a gentle calm. Regardless of the way He comes, He comes with power! The Spirit's presence and power in our life is a gift. Be thankful.

#### **Part 5: Jesus as the Example (ref. 1 Peter 2:21)**

Jesus told His disciples just before He ascended from earth that they would be clothed with power from on high (Luke 24:49). Going before them, Jesus did not begin His public ministry until the Father gave Him the anointing of power and authority and "*A student is not above his teacher, nor a servant above his master. It is enough for the student to be like his teacher, and the servant like his master...*" (Matthew 10:24,25, NIV).

Jesus was led by the Spirit (Luke 4:1) and so must the disciple be. During the original disciples' 3 years with Jesus on earth they had preached, healed the sick and had authority over the enemy (Matthew 10:1,7&8; Luke 10:19). Yet the Lord wanted them to be clothed with more power and authority. After the resurrection and ascension of Christ, they could be filled with the Spirit of Christ himself. Jesus came back to them as He promised in John 14:17-20. He returned to live in them and work through them.

*"Those who say they live in God should live their lives as Jesus did"* (1 John 2:6, NLT). No one can do this in his or her own power. It is only possible when Jesus empowers life and ministry by His Indwelling Spirit.

#### **Part 6: Walking (Moment by Moment) in the Power of the Holy Spirit**

Walking is a choice. A person decides where they will go and then steps out to walk. Walking with the Lord is deciding to yield to His Sovereignty. It involves dying to one's own desires (even to please Him) and living submitted to His desires and purposes, because there is a sense of love and belonging to Him that compels.

*"Even so consider yourselves also dead to sin and your relation to it broken, but alive to God [living in unbroken fellowship with Him] in Christ Jesus."* (Romans 6:11, AMP)

*"Do not continue offering or yielding your bodily members [and faculties] to sin as instruments (tools) of wickedness. But offer and yield yourselves to God as though you have been raised from the dead to [perpetual] life, and your bodily members [and faculties] to God, presenting them as implements of righteousness."* (Romans 6:13, AMP)

***The Lord is not looking for perfection – just persistence in relationship – a genuine desire to stay in fellowship with Him.***

#### **Action Steps:**

**Discuss their praying for the filling of the Holy Spirit.** See what questions they have or where they need understanding

**Close in prayer.** Continue to ask God for opportunities to share both your story (testimony) and the Good News of God's story. Encourage the disciple to engage in the process of **Praying for, Caring for, and Sharing with** those God brings to mind.