



Spiritual Boot Camp

Lesson One: Assurance of Salvation

Discipler Guide



Use these discipleship guides as you facilitate the training process of the person you are discipling. Remember, we are raising up disciples of Jesus (Matthew 28:17–20), not making followers of ourselves.

Not sure if the person you are discipling is a follower of Jesus?

If you are not sure of the salvation of the person you are leading, you might read together John 5:24 and ask something like, “Have you put Jesus in charge of your life? Have you taken the giant step from the world of the dead to the world of the living?” (Spiritually dead and spiritually living, that is.) If they have not yet chosen to place their faith in Jesus, share the Good News of the Kingdom with them, and ensure that you ask for a response, giving them the opportunity to take the giant step from death to life.

Discipling a follower of Jesus:

In *Lesson 1: Assurance of Salvation*, our prayer is that the disciple would take away two key lessons: 1. How to share his/her story (testimony); and 2. How to share God’s story (sharing the Good News through memorized Scripture).

Sharing Our Story: Learning To Share Our Testimonies.

Refer the disciple to this document about how to write an effective testimony: “Sharing My Faith.” You can find it behind the “Documents” tab on our website: www.CrossBridgeCommunityChurch.com. This will serve as a complement to *Lesson 1: Part 6*. Help the person you are discipling work out a clear and concise testimony of the changes and specific difference that Jesus has made in his or her life, that s/he can quickly and naturally share with someone else.

Sharing God’s Story: Memorizing the Six Verses of the Gospel Message.

Scripture is essential in sharing God’s plan. He wants to regain a relationship with all mankind; everyone is precious to Him! Each of us can be part of His reconciliation team (see 2 Corinthians 5:17–21). Be armed and ready!

Memorize one verse each week and have all six memorized by the completion of the seven-week Boot Camp. Don’t get discouraged. God will help you. The idea is to have them well memorized and ready for the Holy Spirit to use His sword (Ephesians 6:17) when you witness. Make a commitment and be determined. You are in a battle, and you have a very real enemy. Be aware that he will attempt to keep you from memorizing God’s Word. Remember to do your part and stand firm!

Quote the verses you’ve learned to each other each week and REVIEW, REVIEW, REVIEW each of the verses from past weeks.

The guidelines on the following page come from a discipleship book published by the Navigator ministry. We pray you will find them effective!

Guidelines for memorizing a verse of Scripture:

1. Before you start to memorize the verse, read it aloud several times.
2. Learn the topic, reference, and the first phrase as a unit.
3. After you have reviewed the topic, reference, and the first phrase a few times, add the second phrase. Gradually add phrases until you know the whole verse.
4. Work on the verse audibly whenever possible.
5. As you memorize and review the verse, think about how it applies to your life.
6. Always review the verse in this sequence:
 - a. TOPIC: Kingdom Lifestyles (Arrival Kit example)
 - b. REFERENCE: Ephesians 2:19 (chapter 2, verse 19)
 - c. VERSE(S): “Consequently, you are no longer foreigners and aliens, but fellow citizens with God’s people and members of God’s household.”
 - d. REFERENCE REPEATED: Ephesians 2:19
7.
 - a. The most critical element in Scripture memory is REVIEW, REVIEW, REVIEW. The most important time to review a verse repeatedly is right after you can quote the whole verse (topic, reference, verse and reference) without making a mistake. Review the verse a minimum of once daily after that, preferably several times a day. The more you review, the greater your retention will be.
 - b. The most important concept is the principle of OVERLEARNING. A verse should not be considered memorized simply at the point when we can quote it accurately. Only when we have reviewed it frequently enough for it to become ingrained in our memory should we consider a verse memorized.

— From *Growing Strong in God’s Family*, NavPress

After the 7 weeks of Boot Camp, *keep reviewing!* Keep asking God for opportunities to share your faith and use these memorized verses!